

SPEAK AND INSPIRE: PUBLIC SPEAKING FOR LEADERS

Do you find it challenging to speak confidently in front of others? You're not alone. In today's fast-paced world, the ability to communicate effectively and inspire those around you is more important than ever. Strong public speaking skills can make a huge difference in your personal and professional life. Join us in "Speak and Inspire: Public Speaking for Leaders" and start transforming your communication skills today!



WHEN

- Tuesdays
May 6th - May 20th, 2025
9:00 AM - 12:00 PM Each Day

WHERE

- COS Regional Training Center
231 S. Kelsey St.
Visalia, CA 93291

COST

- \$250 - ETP Price*
- \$50 - Non-ETP

*Most agriculture & manufacturing companies qualify for ETP funding. Contact us to learn more!



Topics Include:

- Developing Your Speech
- Communication Apprehension - Stage Fright
- Speaker Credibility
- Audience Analysis
- Sectioning Your Topic
- Organizing Your Speech
- Introduction, Body & Conclusion
- Delivering Your Speech
- Using Presentation Aids
- Presentations
- Evaluation & Next Steps

REGISTRATIONS & MORE INFO:

www.cos.edu/trainingcenter
(559) 688-3130
aprilh@cos.edu

