## OTHER SOFT SKILLS TRAINING











- Adaptability
- Anger Management
- Archiving and Record Management
- Assertiveness and Self Confidence
- Attention Management
- Attitude
- Authentic Leadership
- Basic Bookkeeping
- Being a like-able Boss
- Budgets and Financial Reports
- Business Writing
- Coaching and Mentoring
- Collaboration
- Communication
- Conflict Management
- Creative Problem Solving
- Critical Thinking
- Customer Service
- Decision Making

- Developing New Managers
- Digital Fluency
- Diversity & Inclusion
- Emotional Intelligence
- Empathy
- Employee Engagement
- Employee Motivation
- Executive and Personal Assistants
- Facilitation Skills
- Generational Diversity
- Goal Setting and Getting Things Done
- Improving Mindfulness
- Improving Self Awareness
- Increasing Happiness
- Integrity & Ethics
- Interpersonal Skills
- Leadership Essentials
- Managing Change
- Managing Personalities
- Managing Workplace Anxiety
- Middle Manager Managing Up and Down in an Organization

- Meeting Management
- Motivating People
- Negotiation Skills
- Office Politics for Managers
- Organizational Skills
- Performance Management
- Problem Solving
- Personal Productivity
- Public Speaking
- Resiliency
- Self-Awareness
- Social Intelligence
- Stress Management
- Supply Chain Management
- Taking Initiative
- Team Building
- Time Management
- Values & Ethics
- Workplace Diversity
- Work Life Balance

Phone: 559.688.3130 | Email: trainingcenter@cos.edu

Website: www.cos.edu/trainingcenter

