

Restorative Nursing Assistant (RNA)

Roles and responsibilities

Roles

The purpose of the RNA is to interact with the resident and provide skill practice in such activities as walking and mobility, dressing, and grooming, eating and swallowing, transferring, amputation care, and communication in order to improve and maintain function in physical abilities and ADLs and prevent further impairment.

Pre-requisite RNA qualifications:

Recommended qualifications include:

- Completion of RNP Certification Course through the Quality Care Health Foundation in California.
- Current California Certified Nursing Assistant (CNA).
- Minimum one year experience as a CNA in long-term care.
- Ability to communicate effectively in English both verbally and in writing.
- Ability to function independently with indirect supervision.
- Able to participate in physical activities that may require bending, squatting, reaching, twisting, repetitive grasping, frequent pushing and pulling and frequent lifting up to 150 pounds with assistance.
- Training in gait belt use, safe transfers and body mechanics.
- Creative problem solver.

Recommended responsibilities include:

- Administer restorative activities specific to resident needs.
- Administer Restorative Dining Program.
- Perform transfers, bed mobility, positioning and range of motion (passive/active).
- Perform general strengthening exercises.
- Ensure the placement of restorative devices/equipment (e.g., splints, positioning devices).
- Assist with turning and positioning of residents as needed.
- Document per treatment activity and summarize progress for each resident in the RNP.
- Report and chart significant changes in resident condition, evidence of pain or motivational level.
- Notify RNPC, Charge Nurse or appropriate therapy discipline of problems, referrals and reassessment needs.
- Follow appropriate safety, hygiene and infection control measures.
- Ensure adequate restorative supplies to meet the needs of the residents in the RNP.
- Maintain consistent resident care schedule and be efficient in use of time.
- Coordinate restorative treatments with other facility departments.
- Attend all meetings and in-services as required.
- Follow policies and procedures for RNP.
- Identifies potential problems/issues and reports to RNPC in a timely manner.