

# OSHA 10 & 30 & Other OSHA Trainings



## OSHA General Industry

This OSHA 10-hour course is intended for workers in General Industry. It is designed to teach workplace safety and reduce jobsite hazards. This course provides a convenient way for workers to learn about hazard avoidance, workers' rights, filing an OSHA Complaint and more.

*"The instructor was very knowledgeable and shared in a way that was relatable to the work that I do."*

*– Previous trainee*

## OSHA Construction

This OSHA 10-hour course is intended for workers in the construction industry. This course is to introduce students to OSHA. It will cover how to eliminate work-related injuries and fatalities, basic practices of identifying, reducing, and reporting hazards associated with their work.

## OSHA 30 General Industry

This course emphasizes California Code of Regulation (CCR), Title 8 for General Industry Standards and compliance. The Cal/OSHA 30-hour General Industry training is formulated for safety directors, managers, forepersons, and supervisors having direct or indirect responsibilities for the safety of employees they supervise.

### Other OSHA Trainings

- Reasonable Suspicion
- Federal OSHA
- Trenching and Excavation
- Forklift
- Fall Protection
- Confined Space
- Emergency Exits/Escape/Evacuation



## Contact Us

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